

Sailing, windsurfing and powerboating should be

SAFE & FUN

The RYA is committed to the safeguarding of children and young people.

You have the right to feel safe and be treated with respect and should show respect to others.



If you're feeling unhappy, worried, unsafe or concerned about the way another young person or an adult is treating you or someone else, there are people you can contact who offer FREE confidential advice to you or your parents/carers, and websites to look at for information and advice:

childline

ONLINE, ON THE PHONE, ANYTIME



0800 1111



childline.org.uk

RYA
Scotland



0131 317 7388
07770 604234



safeguarding@ryascotland.org.uk
rya.org.uk/go/safeguarding

Children 1st
SCOTLAND'S NATIONAL CHILDREN'S CHARITY



08000 28 22 33



children1st.org.uk

RYA



02380 604226



safeguarding@rya.org.uk
rya.org.uk/go/safeguarding

Dealing with bullying: respectme.org.uk

Mental health and wellbeing: samh.org.uk

Health concerns: healthtalk.org/young-people-experiences

Child Welfare Contact

Club/Centre/Event:.....

Name:.....

e-Mail:.....

Phone:.....